# BREAKFAST MENU

CONTINENTAL BREAKFAST		Eggs Benedict	16
5 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	22	Poached eggs on an english muffin, smoked ham,	
Freshly baked toast, pastries & homemade	22	topped with creamy hollandaise sauce	
preserves. Seasonal plate of Jamaican fruits.			4.0
Freshly squeezed orange or grapefruit juice and		Smoked Salmon Benedict	18
Blue Mountain coffee, or tea.		Poached eggs on an english muffin, smoked	
IANAAIGANI BREAKFAGT		salmon, topped with a light dill cream sauce	
JAMAICAN BREAKFAST		Carry Daref Haals	40
Manday Stagged Callalas		Corn Beef Hash	12
Monday - Steamed Callaloo		Topped with a poached egg and grilled tomato	
Tuesday - Ackee & Saltfish		CEREALS & YOGHURT	
Wednesday - Ital Stew		Plain Yogurt, Local Greek Style Yogurt or Local	8
		Lactose Free Coconut Yoghurt	
Thursday - Mackerel Coconut Rundown		Served with local honey	
		With homemade granola 5	
Friday - Ackee & Saltfish			
		Oatmeal Porridge	8
Saturday - Jamaican Steamed Fish		Served with and brown sugar or honey, toasted nuts & cinnamon	
Sunday - Vegetarian Rasta Ackee			
		Selection of Cereals	8
Served with traditional Jamaican sides, freshly	28	Corn flakes, Raisin Bran, All Bran, Rice Krispies,	
baked toast, pastries & homemade preserves.		Shredded Wheat or homemade granola. Served	
Seasonal plate of Jamaican fruits. Freshly		with milk of choice	
squeezed orange or grapefruit juice and Blue			
Mountain coffee, or tea		DELIGHTS	
EGGS		Seasonal plate of Jamaican Fruits	12
Eggs Any Style	4/8	Jamaican Banana Fritters	14
Scrambled, poached, fried or boiled		Served with caramelised banana's & maple syrup	
1 egg			
2 eggs		French Toast, Waffles or Pancakes	16
		Served with caramelised banana's, maple syrup &	
Three Egg Omelette	16	icing sugar	
Your choice of: cheese, bacon, bell peppers,			
ham, herbs, mushroom or tomato. Egg white			
omelet also available			
Egg White Omelette with Fresh Herbs or	14		
Vegetables			
Served with a side of callaloo			



With smoked salmon 6

# BREAKFAST MENU

### **SIDES**

Basket of freshly baked toast, pastries &	
homemade preserves	
Breakfast sausage, bacon or smoked ham	6
Pimento smoked blue marlin	8
Smoked salmon	8.5
Avocado	4
Crispy breakfast potatoes	4
Assorted cheese & cold meats	12

#### **FRESH JUICES**

Orange	5/7
Grapefruit	5/7
Coconut Water	6
Watermelon, lime, mint	8
Carrot, orange, ginger	8

## **CHILLED JUICES**

Apple, Tomato, Prune	4/6
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#### **TEA & COFFEE**

Blue Mountain coffee	6
Iced coffee	6
Latte or cappuccino	8
Selection of teas	6
Oat, almond & soy milk available upon	+1
request	



